#### Club Leaders



Jack R Ewing President



**Robert D Frizell** President-Elect.



Christine L. Smith Vice President



Michael Soden iPast President



Jay Larsen Secretary



Lauren Robydek Treasurer



.lim Paxton Bulletin Editor, Club



Ashley Mahaney Sergeant-at-Arms



Susan Holland <u>Jo</u>hnson Club Director, Rotary Foundation Chair



Darcy A. Dougherty Club Director



Gerry Holinski **Club Director Membership Chair** 



Caroline A. Orzes Public Image Chair, Club Director



Shelia R. Callum Programs Chair, Club Director



Jay Larsen December 11



# **Green Valley Rotary** Newsletter

A 100% Paul Harris Fellow Club

GreenValleyRotary.org/ Volume 22 Edition 19

## **This Week's Program**

### **December 11, 2014**



Our Annual Christimas Program at Green Valley High School Please come to the High School. We are not meeting at Wildhorse this week.

> Location: Green Valley High School Library 460 Arroyo Grande Blvd Henderson NV 89014 **Directions and Map**

Program: Our annual meeting at Green Valley High School will feature the Jazz Ensamble, Madrical singers and Green Valley's "Student of the Month".

### Sergeant-at-Arms:

- 12/11 Jon Hoolihan 12/18 Gerry Holinski 12/25 **No Meeting**
- Weekly Bulletin Scribes 12/11 Susan Johnson 12/18 To be announced 12/25 **Christmas Day**

## **Rotary Recap**

#### **December 4, 2014** By Steve Tucker & Jim Paxton

A crisp autumn start with President Jack Ewing ringing the 7:00 am bell and leading Rotary Club of Green Valley (RCGV) in the pledge a dozen minutes later. Bob Hulshouser acted as sergeant-at- arms introducing visiting Rotarian Debbie Mitsch and speaker, Doctor Miriam Bettencourt.

Announcements followed with Treasurer Lauren Robydek reminding us that dues are being collected. Darcy Dougherty needs help filling out Christmas cards and stuffing them with \$2 bills. Cards for the homeless is long time RCGV Jerome M. Gardberg December 27

#### Wedding Anniversaries



Saries Jerome M. Gardberg Dec 28 Larry G. Bettis Dec 28



George Edward Baggott Dec 28



James Frey Jan 01

### Events

December 2014 12/10 - Annual High School All Star Soccer Tournament - Post Postponed 12/11 - Club Meeting: Breakfast Meeting at Green Valley High School 12/18 - Club Meeting: Frank Nolimal 12/20 - Toy Delivery with Santa Hoolihan 12/25 - Club Meeting: No CLUB MEETING - Christmas January 2015 01/01 - Club Meeting: NO CLUB MEETING

01/08 - Club Meeting: Jill Bernacki, CEO TIP of Las Vegas tradition. Darcy also needs assistance with the Catholic charities' clothing drive, and she has some \$5 UNLV basketball tickets available. Dave Jochman reported that the club collected 1240 children's books for Spread The Word Nevada. Past President Mike Soden told us District 5300 is among the top five districts worldwide in Rotary International Foundation giving. Past President Mike Peterson says new regulations have resulted in the postponement of this month's RCGV sponsored high school All Star Soccer game. More later on efforts to re-schedule this long-time outstanding event.

President-Elect Duane Frizell wants to know which members are interested in serving on the board of directors in the upcoming year. Susan Johnson touted year-end contributions to Rotary Foundation and to the Nevada Rotary Foundation; ask her about special year-end credit and deduction possibilities. Bob Hulshouser announced that Interact students will be helping Santa Hoolihan again this year. Pres Jack hosted a festive RCGV holiday potluck party last Saturday, in his home.

Mike P., Fine Master extraordinaire, began the next session with trivia questions on immigration. Susan was judged the person with the first correct answer, and she became fine-exempt. Happy Dollars were aplenty. Naturalized citizen Dave McGovern happily recalled that he got all the immigration test questions right. Darcy did a 50 year Star Trek Cruise with hubby, Bob. Debbie Mitsch may be joining us shortly. Jim Paxton was happy about Brian Head, Utah, upgrades. Dave Jochman's daughter graduated from basic training in South Carolina, (keeping them both vertical and still in the game). Joe Hardy is back from a cruise with wife and sons. Richard Pearlman was happy to be back after visiting his son serving in the Army in Savannah. Past President Jim Frey has even more UNLV basketball tickets. Mike S. had a dollar in recognition of our speaker, who is his doc too. President Jack was happy that the entire club has shared his load this year.

Shelia Callum introduced the day's speaker, Miriam Bettencourt, Board Certified Dermatologist. Dr. Bettencourt received her M.D. from the University of Sao Paulo in Brazil, did her residency at Duke University in North Carolina, and was Residency Program Director in Tampa, Florida prior to settling in Las Vegas to practice advanced dermatology and cosmetic surgery. Her talk was entitled "Pearls in Dermatology." After flashing a couple of slides of patients past who appeared quite familiar, she went on to tell us a bit about the body's largest organ, skin, and the damage we can do to it.

Sun damage is cumulative. Watch for pre-cancerous lesions, particularly on the soles of the feet, she explained. Tell-tales are spots that are asymmetric, irregular, and greater than 6 millimeters. Three types of carcinoma are 1) basal cell, the most common and slow growing, 2) squamous cell, the second most common, often a rash or sore that won't heal and 3) melanoma, the deadliest. Basal and squamous cell carcinomas can be removed surgically with a 98% success rate. Sun damage is treatable, and, even to a degree, cosmetically reversible. Dr. Bettencourt recommends yearly skin checkups by a Board Certified specialist for skin problems. A great speaker once again!

Ashley Mahaney conducted the raffle. Dave Jochman won nine bucks and led us in the 4-Way Test of things we way and do to end the meeting. Don't forget: this week's meeting will be held at Green Valley HS, at 7:00 a.m. It is our annual holiday visit.

## **Visiting Rotarians**

Debbie Mitsch - Chico, CA



Dr. Miriam Bettencourt - Speaker